



KENTUCKY COMMUNITY AND TECHNICAL COLLEGE SYSTEM  
 COMMISSION ON FIRE PROTECTION PERSONNEL STANDARDS AND EDUCATION  
**FIREFIGHTER 1 COMPETENCY EVALUATION**



Objective(s): 4.3  
 2002 NFPA 1001 Standard

Primary Task: Foreign Body Airway  
 Obstruction-Conscious Victim

Candidate # \_\_\_\_\_

**Skill No. 4-3 PERFORMANCE CRITERIA AND INSTRUCTIONS**

INSTRUCTIONS TO THE MONITOR/EVALUATOR

1. Candidate shall be provided with a person to simulate a choking victim.
2. Victim shall standing upright, conscious clutching the throat.
3. Trauma shall NOT be suspected.
4. The candidate shall be given the instructions below before beginning the exercise.

INSTRUCTIONS TO THE CANDIDATE

**1. "The candidate, presented with a victim clutching the throat and unable to speak, shall demonstrate correct action to be taken to provide the victim relief from the obstructed Airway using the Heimlich Maneuver."**

Minimum PPE: None

**PERFORMANCE**

**YES NO**

1. Remains calm and considers actions.	<input type="checkbox"/>	<input type="checkbox"/>
2. Candidate approaches victim and asks "Are you choking?" (Victim nods head "Yes")	<input type="checkbox"/>	<input type="checkbox"/>
3. Candidate asks the victim "Can you speak?" (Victim shakes head "No")	<input type="checkbox"/>	<input type="checkbox"/>
4. Candidate positions him/herself behind the victim.	<input type="checkbox"/>	<input type="checkbox"/>
5. Candidate reaches both arms around victims waist.	<input type="checkbox"/>	<input type="checkbox"/>
6. Candidate makes a fist with one hand and places the thumbside of the fist against the victims abdomen just above the navel and well below the Ziphoid process.	<input type="checkbox"/>	<input type="checkbox"/>
7. Grasps the outside of the fist with the other hand and pulls the fist into the victims abdomen with a quick upward thrust.	<input type="checkbox"/>	<input type="checkbox"/>
8. Candidate repeats the thrusts and continues until the object is expelled from the airway, or until the victim becomes unconscious.	<input type="checkbox"/>	<input type="checkbox"/>
9. Candidate delivers each thrust as a distinct and separate movement.	<input type="checkbox"/>	<input type="checkbox"/>

Reference: IFSTA- Fire Service First Responder, 1st Edition

**TOTALS**

<input type="checkbox"/>	<input type="checkbox"/>
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➤ **Critical Step-** Failure on this step mandates failure on task !

**CRITICAL TASK**

CANDIDATE MUST COMPLETE STEPS TOTAL TO PASS SKILL.

**6**

**REMEMBER, YOU ARE AN EVALUATOR, NOT A TRAINER OF THE CANDIDATES DO NOT COACH, GRADE ONLY OBSERVED BEHAVIOR.**

TEST DATE \_\_\_\_\_ LOCATION: \_\_\_\_\_

EVALUATOR NAME (Print): \_\_\_\_\_

EVALUATOR SIGNATURE: \_\_\_\_\_